Coming

to the hospital to stay can be scary for some kids. It helps to know the people who work here want to help your body get strong again. People who work here like children and want to answer any questions you or your parents may have—it's okay to ask questions.

You can make a list of any questions you or your parents may have.

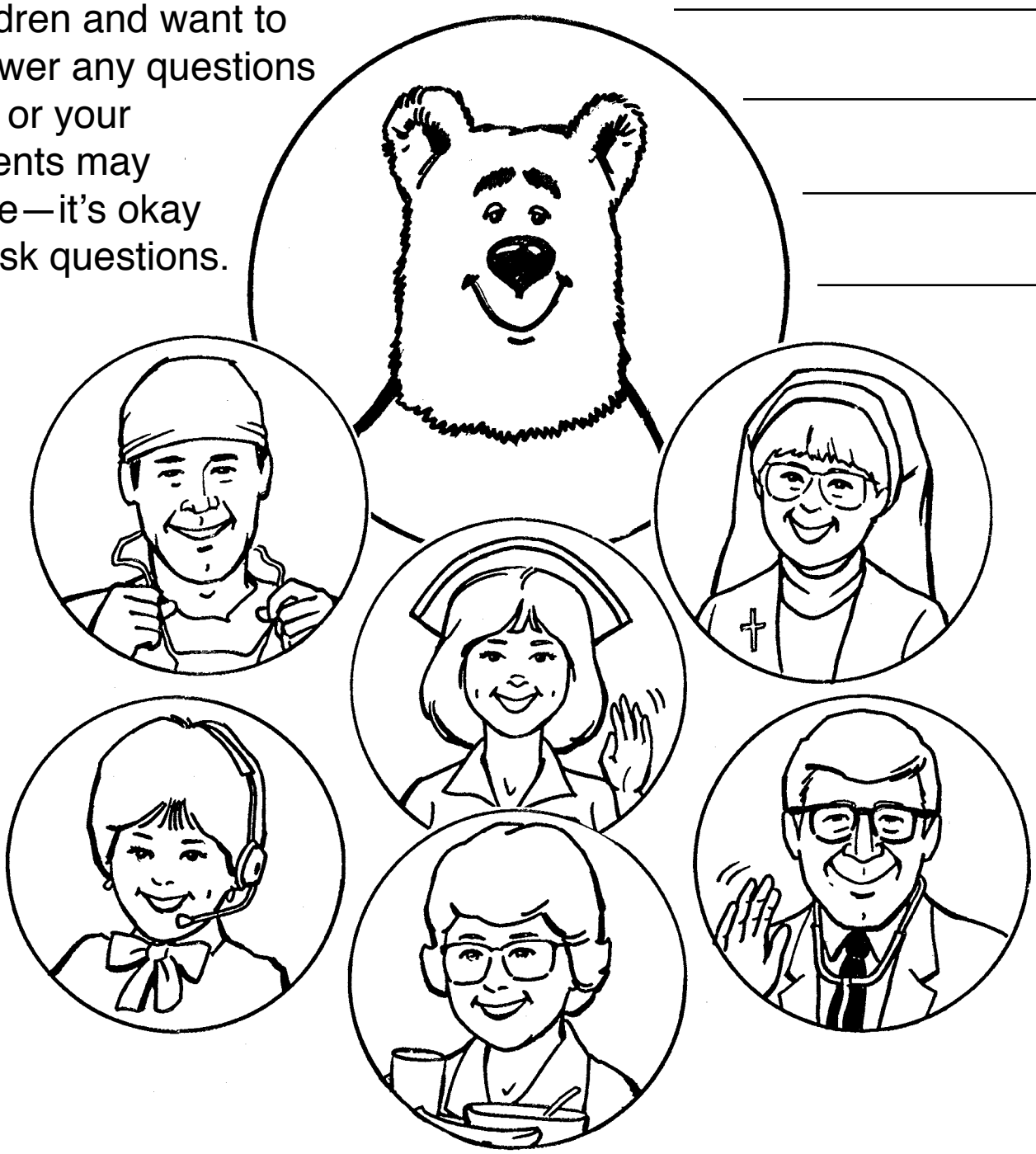
_____

_____

_____

_____

_____



Here's a game to help you get to know the different people who work at the hospital. Find the words listed in the following puzzle. After each word is a definition so you know what that person does in the hospital.

E	H	O	U	S	E	K	E	E	P	E	R	Y	C
T	S	C	D	F	U	D	O	C	T	O	R	X	H
H	O	O	S	D	R	S	U	R	G	E	O	N	I
E	V	O	N	U	R	S	E	F	G	O	R	S	L
R	D	K	R	I	S	D	F	G	H	O	P	W	D
A	S	E	C	R	E	T	A	R	Y	E	R	T	L
P	Z	R	Q	P	J	J	A	N	I	T	O	R	I
I	M	R	A	D	I	O	L	O	G	I	S	T	F
S	V	O	L	U	N	T	E	E	R	K	I	O	E
T	R	E	A	R	W	F	P	A	T	I	E	N	T

Doctor - a person who helps you get well.

Nurse - a person who takes care of you in the hospital

Therapist - a specialized teacher

Surgeon - a person who performs operations

Radiologist - a person who takes x-rays

Housekeeper - A person who cleans your room

Secretary - a person who helps the doctors and nurses

Cook - a person who makes your food

Patient - a person who stays in the hospital

Volunteer - a special helper in the hospital

Child Life - a special friend in the hospital

(Answers on page 20)

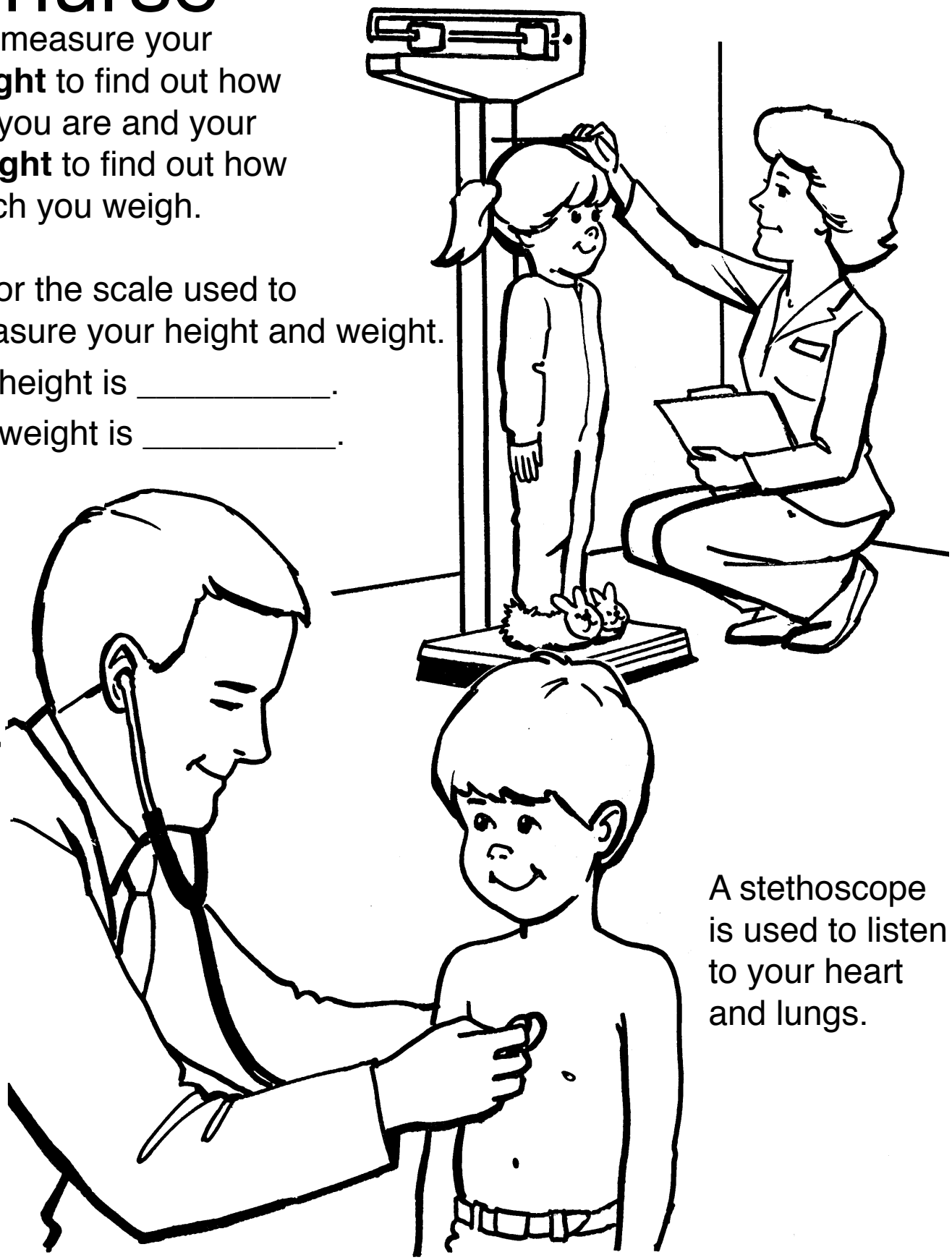
A nurse

will measure your **height** to find out how tall you are and your **weight** to find out how much you weigh.

Color the scale used to measure your height and weight.

My height is _____.

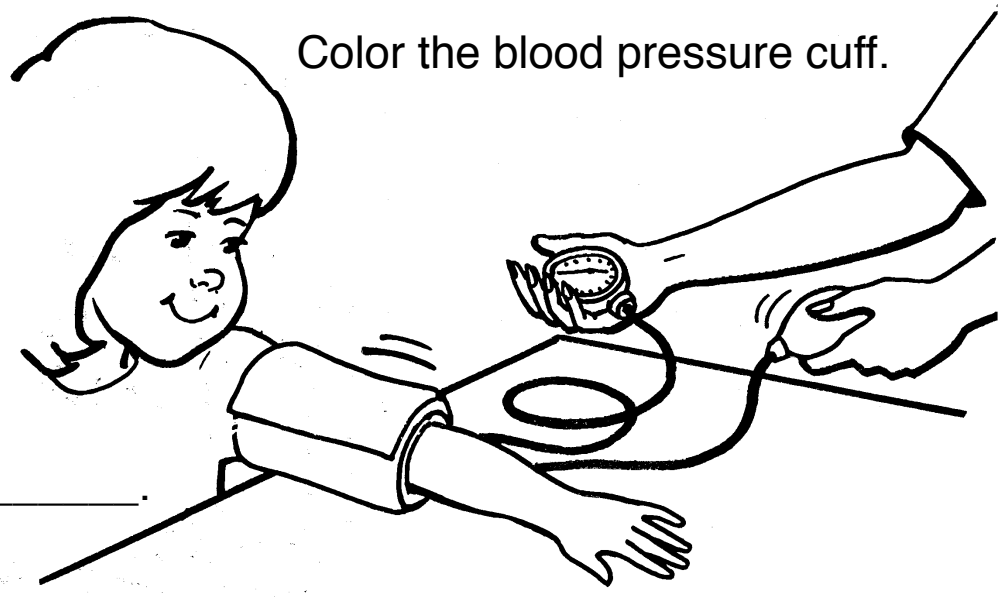
My weight is _____.



A stethoscope is used to listen to your heart and lungs.

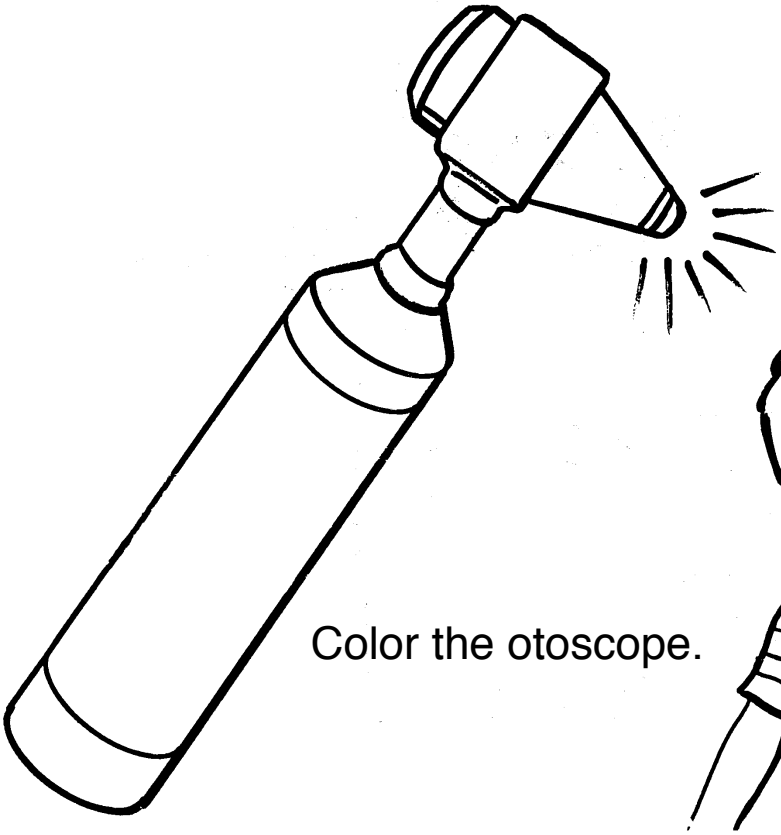
...and you'll have your blood pressure checked with a blood pressure cuff. Checking your blood pressure doesn't hurt—it just feels like someone is squeezing your arm.

Color the blood pressure cuff.



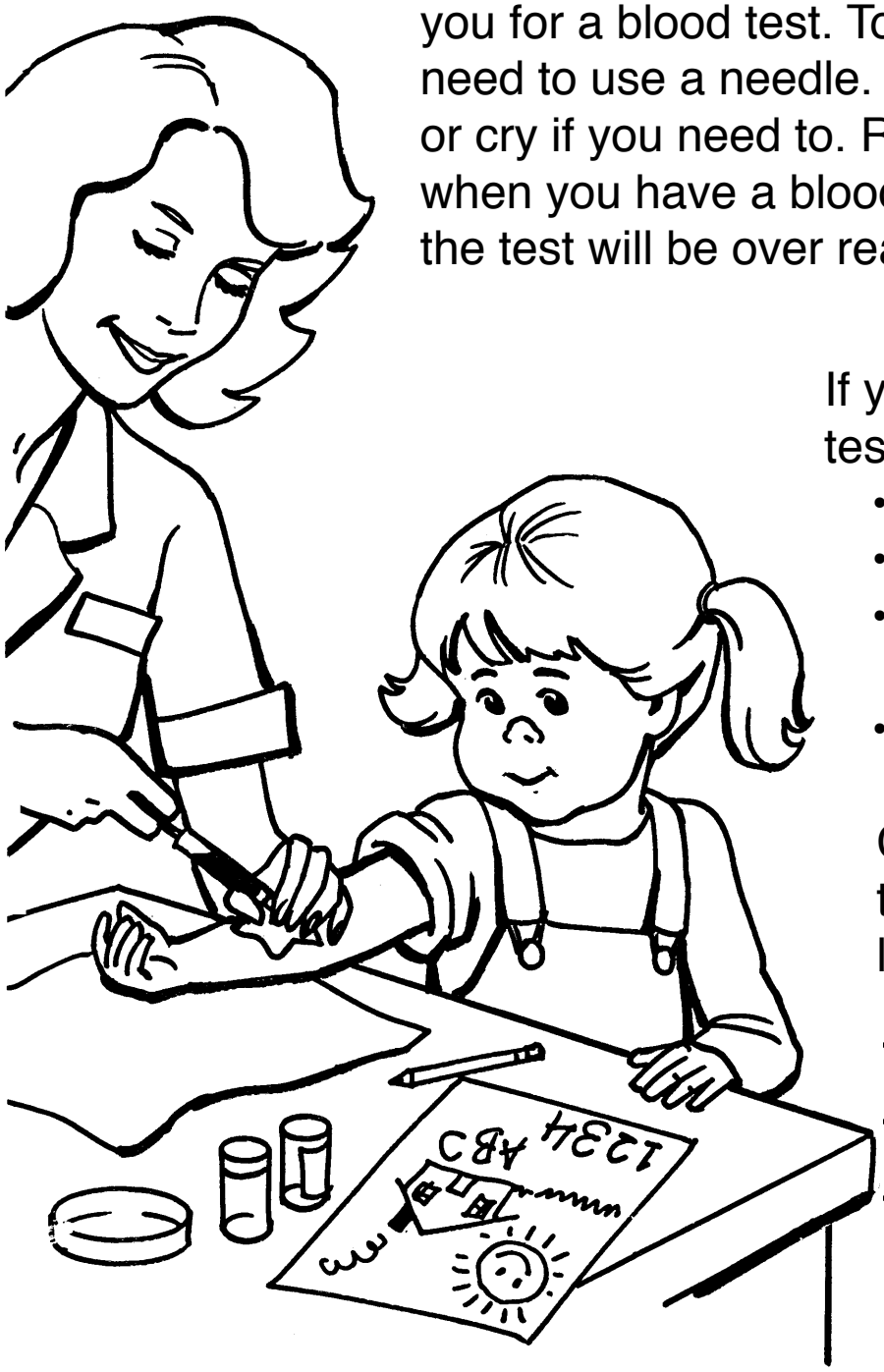
My blood pressure is _____.

Sometimes doctors and nurses need to look in your ears with an instrument called an otoscope.



Color the otoscope.

A person from the laboratory sometimes comes to see you for a blood test. To do a blood test, they need to use a needle. It's okay to say "ouch" or cry if you need to. Remember the secret when you have a blood test—Hold still and the test will be over real quick.



If you get scared during a test you can:

- Count to 10.
- Sing a song.
- Squeeze someone's hand.
- Talk to someone.

Can you think of other things to do? Make a list if you can.

_____

_____

_____

_____

Here is a secret message to help you if you need a blood test!

__ __

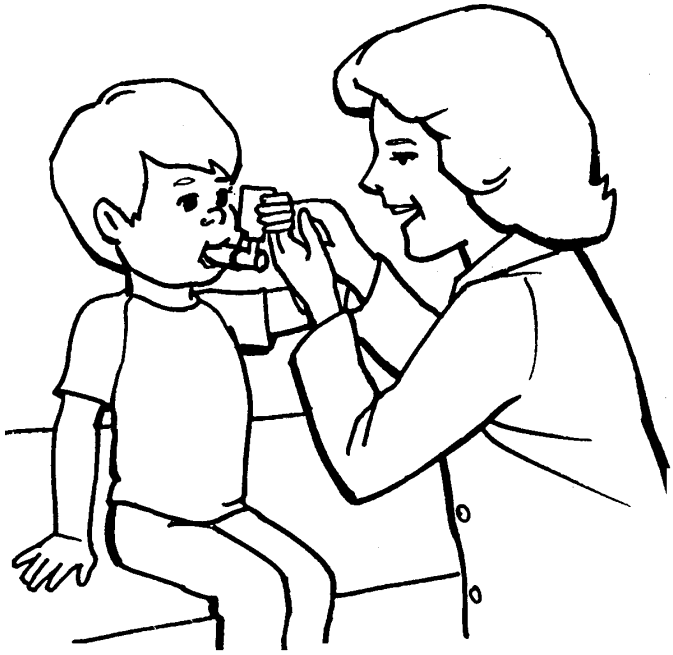
8 15 12 4 19 20 9 12 12 6 15 16 2 12 15 15 4 20 5 19 20 19

(Use the secret code to figure out the secret message. Answer on page 20)

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26

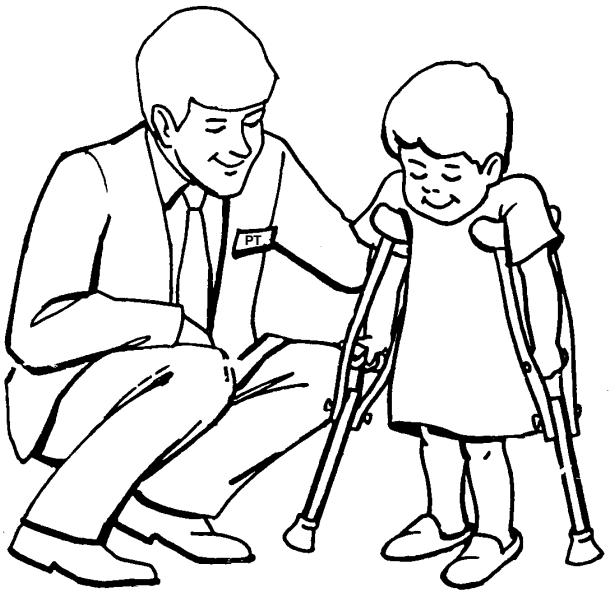
Some children need to go to therapy while they are in the hospital. Color the pictures of the different therapies.

Respiratory Therapist - A person who gives you special medicine and treatments to help you breathe better.



Occupational Therapist - A person who plays special games with you to help you get better.

Physical Therapist - A person who helps you do special exercises to get better.



Speech Therapist - A person who helps you learn to talk better.